2008 CHICOT COUNTY

County Youth Health Survey Frequency Tables



Arkansas Department of Health Center for Statistics



2008 CHICOT COUNTY COUNTY YOUTH HEALTH SURVEY RESULTS

Frequency Tables

For more information about the Chicot County 2008 County Youth Health Survey, please contact:

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May 2008

2008 CHICOT COUNTY COUNTY YOUTH HEALTH SURVEY RESULTS

Acknowledgments

Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Chicot County School District's schools who so graciously gave of their time and energy to see this survey through to its completion;
- Chicot County Hometown Health Coalition;
- The Chicot County School Districts students who completed the CYHS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire; and
- Kathleen Courtney and the Arkansas Department of Education for support and assistance.

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Introduction

What is the County Youth Health Survey?

The County Youth Health Survey (CYHS) is a questionnaire designed to measure and monitor health risk behaviors among Arkansas' youth. It is based on the 87-item, multiple-choice Youth Risk Behavior Survey System (YRBSS) questionnaire developed in 1990 by the Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia¹ to monitor the following six categories of health risk behaviors among youth and young adults:

- Behaviors that result in intentional and unintentional injuries,
- Tobacco use,
- Alcohol and other drug use,
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies,
- Physical activity, and
- Unhealthy dietary behaviors.

The YRBSS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, on a statewide level, and locally. It is known as the County Youth Health Survey (CYHS) at the local level.

¹ The Centers for Disease Control and Prevention. Healthy Youth. http://www.cdc.gov/healthyouth/yrbs/index.htm

Introduction (continued)

How will Chicot County use data from the CYHS?

Chicot County Hometown Health Coalitions are working to assess the specific health needs of students in Chicot County. In order to collect information on the health behaviors of the community's youth, HHI coalition members asked that the County Youth Health Survey be administered to seventh through twelfth graders in Chicot County's public schools.

The CYHS will help Chicot County's School Districts identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for students in Chicot County's School Districts mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2008 CYHS also provides Chicot County's School Districts with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease prevention and health promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, the CYHS findings form a valuable base upon which Chicot County's School Districts may strengthen its ability to:

- Establish disease prevention and health promotion policies,
- Plan and implement programs and services,
- Secure funding for programs,
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

Introduction (continued)

How was the CYHS conducted?

During May 2008, seventh through twelfth grade students enrolled in Chicot County School Districts schools completed the CYHS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. <u>Valid CYHS</u> questionnaires were completed by 599 seventh through twelfth grade students throughout Chicot County public schools, with a response rate of 70%. Students from the following School Districts in Chicot County recorded their responses to the survey:

- Lakeside School District
- Dermott School District

Introduction (continued)

Interpretation of the survey

Chicot County's 2008 County Youth Health Survey is a "snapshot in time," meaning that it only provides information on those health risk behaviors reported by students in May of 2008. Answers in this survey are only as accurate as students' reporting. Each student interpreted the words in each question of the survey according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include?

Answers were edited for consistency using the Center for Disease Control and Prevention's YRBSS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, and also reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%. Also, the percentages reported represent only valid responses for each particular question.

This Report

This report presents the frequency table for each question. The "frequency missing = ..." statement underneath each table represents missing valid responses for a particular question.

Demographics of Chicot County 2008 County Youth Health Survey Participants

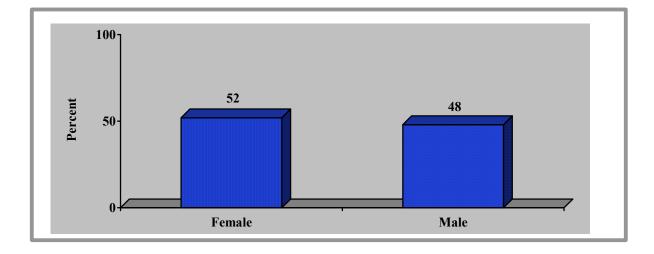
Total number of survey participants = 599

Table 1: Gender

What is your sex?		
Number of students Percent of to		Percent of total
FEMALE	308	52
MALE	289	48

(Frequency missing = 2)

Figure 1: Gender



Demographics of Chicot County 2008 County Youth Health Survey Participants (continued)

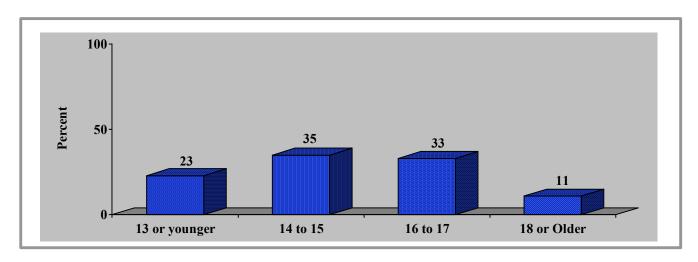
Total number of survey participants = 599

Table 2: Age

How old are you?			
	Number of students	Percent of total	
12 OR YOUNGER	22	4	
13	110	19	
14	105	18	
15	98	17	
16	105	18	
17	87	15	
18 OR OLDER	64	11	

(Frequency missing = 8)

Figure 2: Age



Demographics of Chicot County 2008 County Youth Health Survey Participants (continued)

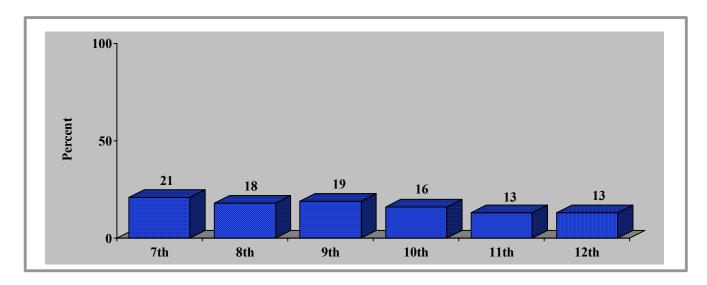
Total number of survey participants = 599

Table 3: Grade

In what grade are you?		
	Number of students	Percent of total
7th	122	21
8th	108	18
9th	110	19
10th	97	16
11th	80	13
12th	78	13

(Frequency missing = 4)

Figure 3: Grade



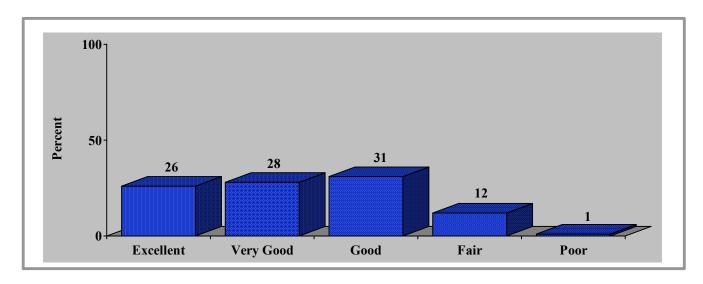
General Health

<u>Table 1</u>: General health

How do you describe your health in general?		
Number of Students Percent of Total		
EXCELLENT	157	26
VERY GOOD	169	28
GOOD	186	31
FAIR	74	12
POOR	5	1

Frequency Missing = 8

Figure 1: General health



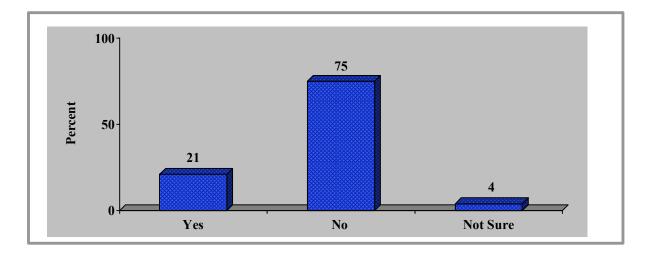
Asthma

<u>Table 1</u>: Have asthma

Has a doctor or nurse ever told you that you have asthma?		
Number of Students Percent of To		Percent of Total
Yes	115	21
No	409	75
Not Sure	23	4

Frequency Missing = 52

Figure 1: Have asthma

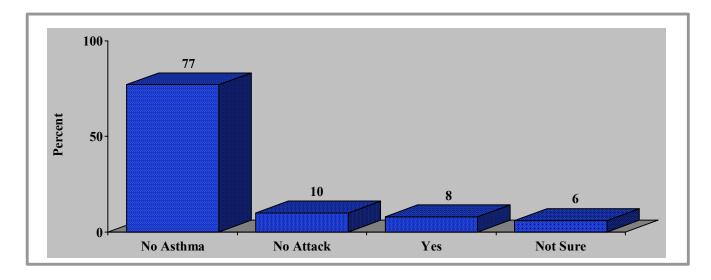


Asthma (continued)

<u>Table 2</u>: Had asthma in the past 12 months

During the past 12 months, have you had an episode of asthma or an asthma attack?		
	Number of Students	Percent of Total
No Asthma	406	77
Have asthma, but no attack in the past 12 months	50	10
Yes	40	8
Not Sure	33	6

Figure 2: Had asthma in the past 12 months



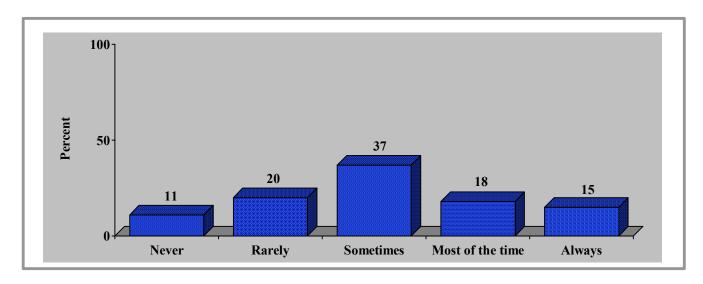
Behaviors that Contribute to Unintentional Injuries

<u>Table 1</u>: Seat belt use

How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	63	11
RARELY	116	20
SOMETIMES	220	37
MOST OF THE TIME	103	18
ALWAYS	87	15

Frequency Missing = 10

Figure 1: Seat belt use

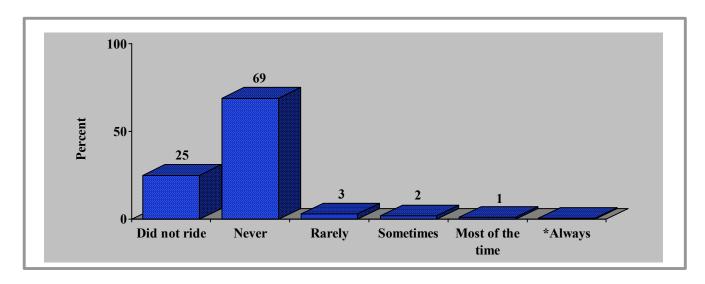


Behaviors that Contribute to Unintentional Injuries (continued)

<u>Table 2</u>: Bicycle helmet use

When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
Number of Students Percent of Total		
DID NOT RIDE	148	25
NEVER WORE	407	69
RARELY WORE	16	3
SOMETIMES WORE	13	2
WORE MOST OF THE TIME	6	1
ALWAYS WORE	2	<1

Figure 2: Bicycle helmet use



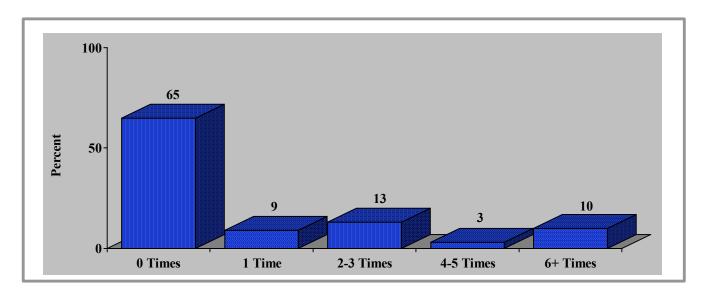
^{*} Less than 1 percent

Behaviors that Contribute to Unintentional Injuries (continued)

Table 3: Rode with a driver who had been drinking alchohol

During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
	Number of Students Percent of Total		
0 TIMES	383	65	
1 TIME	55	9	
2-3 TIMES	74	13	
4-5 TIMES	17	3	
6+ TIMES	56	10	

Figure 3: Rode with a driver who had been drinking alcohol



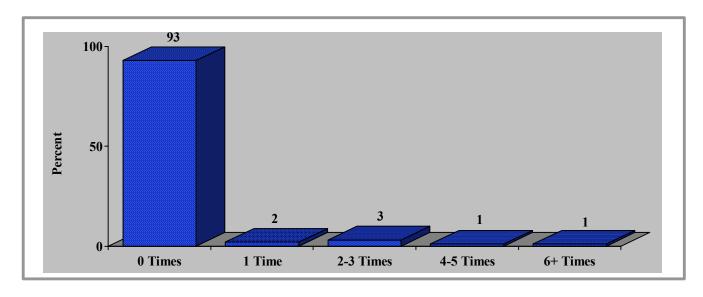
Behaviors that Contribute to Unintentional Injuries (continued)

Table 4: Drink and driving

During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		
	Number of Students	Percent of Total
0 TIMES	534	93
1 TIME	12	2
2-3 TIMES	16	3
4-5 TIMES	4	1
6+ TIMES	8	1

Frequency Missing = 25

Figure 4: Drink and driving



Behaviors that Contribute to Violence

<u>Table 1</u>: Carried a weapon

During the past 30 days on how many days did you carry a weapon such as a gun, knife, or club?		
	Number of Students	Percent of Total
0 TIMES	451	79
1 TIME	32	6
2-3 TIMES	28	5
4-5 TIMES	10	2
6+ TIMES	48	8

Figure 1: Carried a weapon

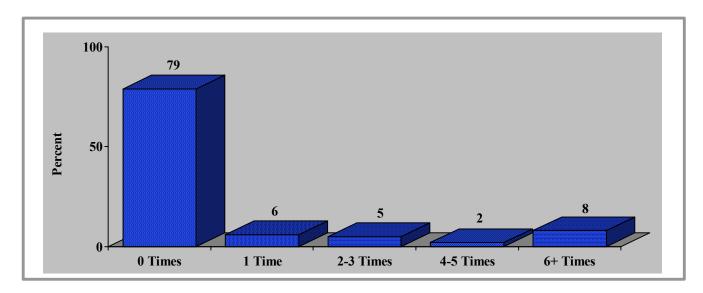
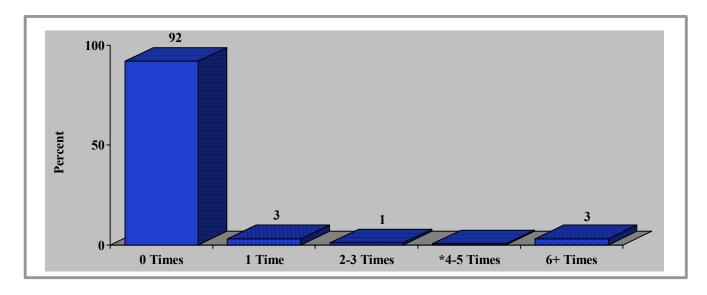


Table 2: Carried a gun

During the past 30 days, on how many days did you carry a gun?			
	Number of Students		
0 TIMES	538	92	
1 TIME	18	3	
2-3 TIMES	8	1	
4-5 TIMES	2	<1	
6+ TIMES	17	3	

Figure 2: Carried a gun



^{*} Less than 1 percent

Table 3: In a physical fight

During the past 12 months, how many times were you in a physical fight?			
	Number of Students	Percent of Total	
0 TIMES	295	52	
1 TIME	117	21	
2-3 TIMES	87	16	
4-5 TIMES	26	5	
6-7 TIMES	10	2	
8-9 TIMES	4	1	
10-11 TIMES	1	<1	
12+ TIMES	23	4	

Frequency Missing = 36

Figure 3: In a physical fight

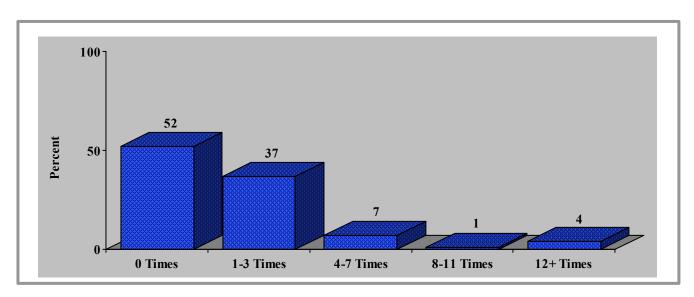
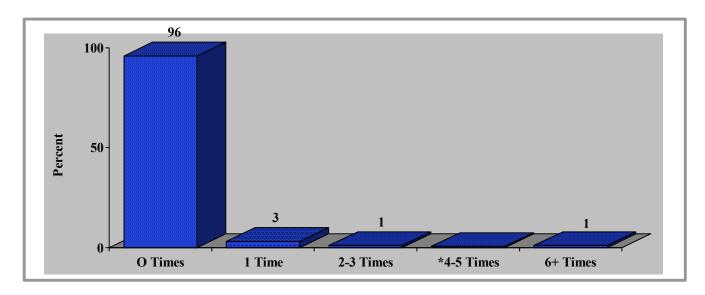


Table 4: Injured in a physical fight

During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students Percent of Total	
0 TIMES	536	96
1 TIME	14	3
2-3 TIMES	4	1
4-5 TIMES	1	<1
6+ TIMES	4	1

Figure 4: Injured in a physical fight

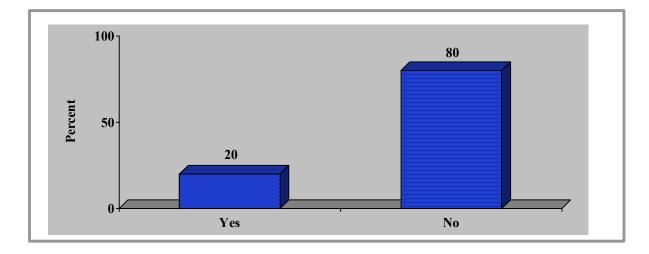


^{*} Less than 1 percent.

<u>Table 5</u>: Dating violence

During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
	Number of Students	Percent of Total
YES	118	20
NO	473	80

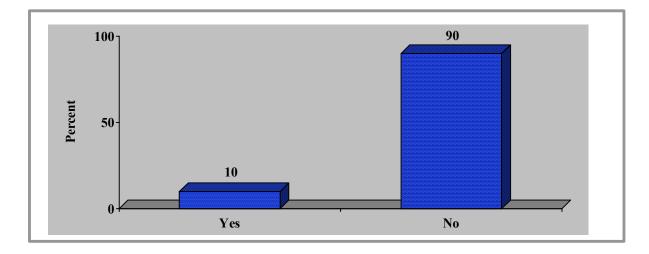
Figure 5: Dating violence



<u>Table 6</u>: Forced to have sexual intercourse

Have you ever been forced to have sexual intercourse when you did not want to?		
	Number of Students	Percent of Total
YES	61	10
NO	532	90

Figure 6: Forced to have sexual intercourse

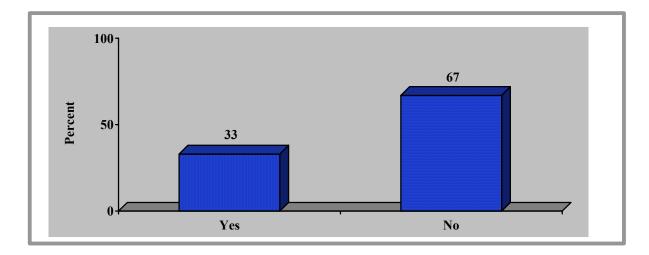


Depression and Suicide

<u>Table 1</u>: Felt sad or hopeless

During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
	Number of Students	Percent of Total
YES	198	33
NO	398	67

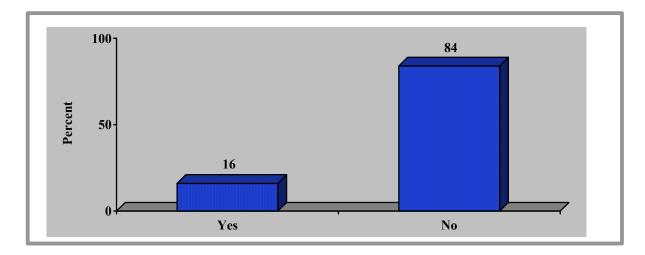
Figure 1: Felt sad or hopless



<u>Table 2</u>: Seriously considered attempting suicide

During the past 12 months, did you ever seriously consider attempting suicide?		
	Number of Students	Percent of Total
YES	88	16
NO	463	84

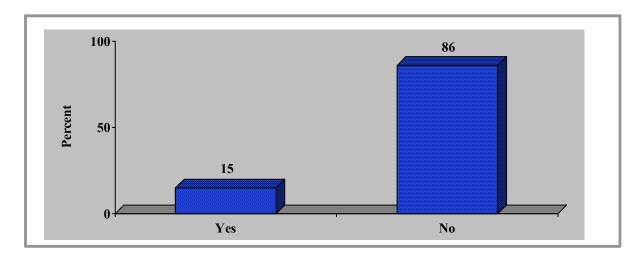
Figure 2: Seriously considered attempting suicide



<u>Table 3</u>: Made a suicide plan

During the past 12 months, did you make a plan about how you would attempt suicide?			
	Number of Students	Percent of Total	
YES	85	15	
NO	502	86	

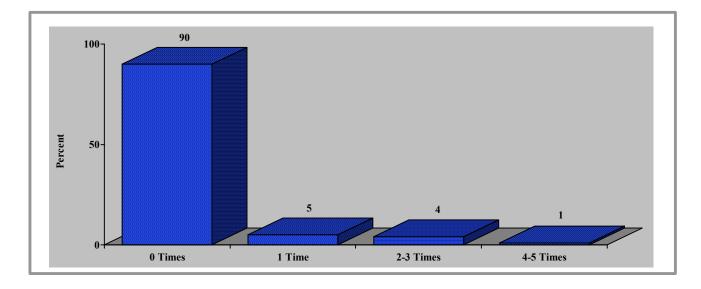
Figure 3: Made a suicide plan



<u>Table 4</u>: Attempted suicide

During the past 12 months, how many times did you actually attempt suicide?		
	Number of Students	Percent of Total
0 TIMES	331	90
1 TIME	18	5
2-3 TIMES	14	4
4-5 TIMES	3	1

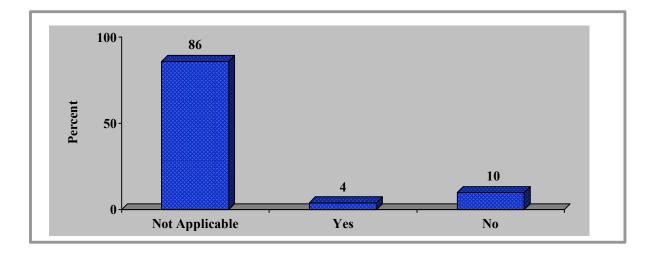
Figure 4: Attempted suicide



<u>Table 5</u>: Treated suicide attempt

If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
	Number of Students	Percent of Total	
N/A	331	86	
YES	15	4	
NO	40	10	

Figure 5: Treated suicide attempt

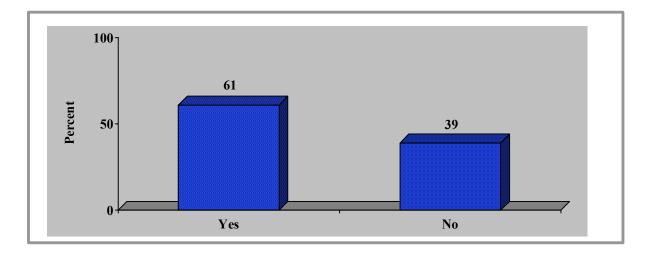


Tobacco Use – Cigarette Smoking

<u>Table 1</u>: Lifetime cigarette smoking

Have you ever tried cigarette smoking, even one or two puffs?			
	Number of Students	Percent of Total	
YES	330	61	
NO	212	39	

Figure 1: Lifetime cigarette smoking



<u>Table 2</u>: Early initiation of cigarette smoking

How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	333	62
8 OR YOUNGER	29	5
AGE 9-10	21	4
AGE 11-12	45	8
AGE 13-14	60	11
AGE 15-16	43	8
17 OR OLDER	8	1

Figure 2: Early initiaion of cigarette smoking

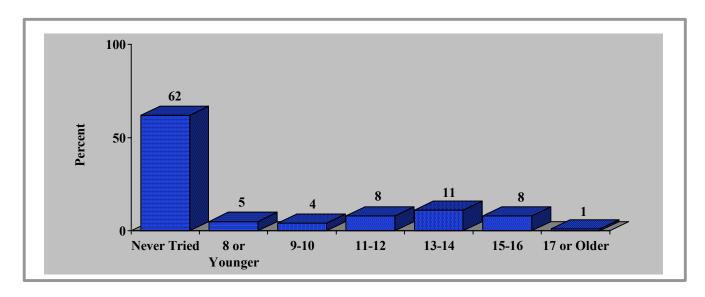
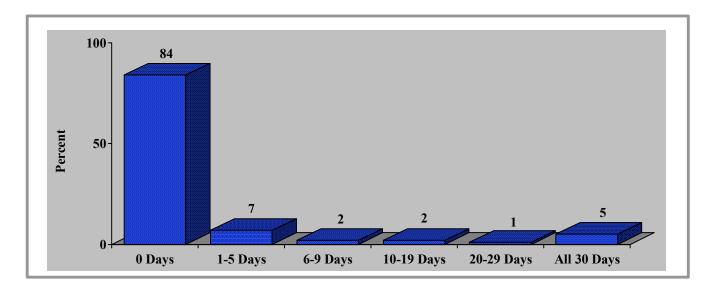


Table 3: Current cigarette use

During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	428	84
1-2 DAYS	21	4
3-5 DAYS	13	3
6-9 DAYS	8	2
10-19 DAYS	8	2
20-29 DAYS	7	1
ALL 30 DAYS	25	5

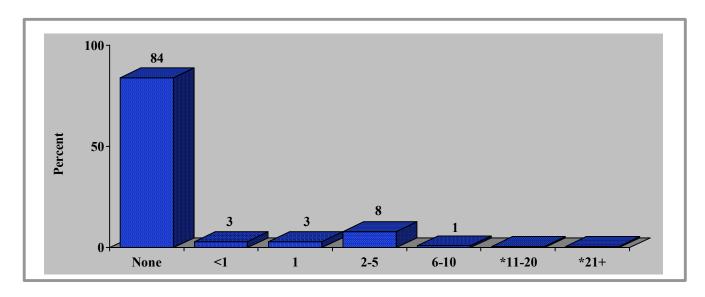
Figure 3: Current cigarette use



<u>Table 4</u>: Cigarettes smoked per day

During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	428	84
LT 1 PER DAY	17	3
1/DAY	15	3
2-5/DAY	38	8
6-10/DAY	7	1
11-20/DAY	2	<1
21+/DAY	2	<1

Figure 4: Cigarettes smoked per day



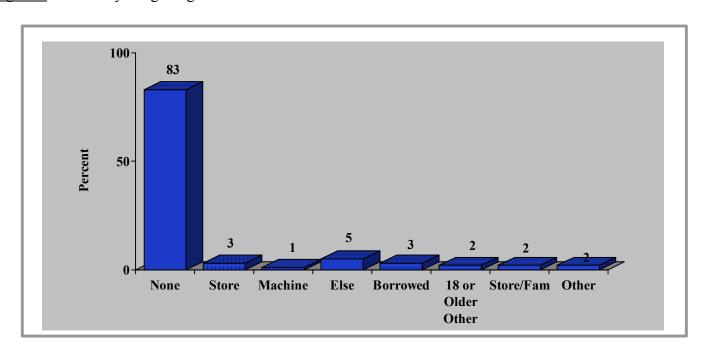
^{*} Less than 1 percent

<u>Table 5</u>: Personally bought cigarettes

During the past 30 days, how did you usually get your own cigarettes?			
	Number of Students	Percent of Total	
NONE IN THE PAST MONTH (NONE)	427	83	
STORE BOUGHT (STORE/B)	16	3	
MACHINE BOUGHT	3	1	
SOMEONE ELSE BOUGHT (ELSE)	25	5	
BORROWED THEM (BORROWED)	17	3	
PERSON 18 OR OLDER GAVE THEM (18 OR OLDER OTHER)	11	2	
TOOK FROM A STORE OR FAMILY MEMBER (STORE/FAM)	8	2	
SOME OTHER WAY (OTHER)	8	2	

Frequency Missing = 84

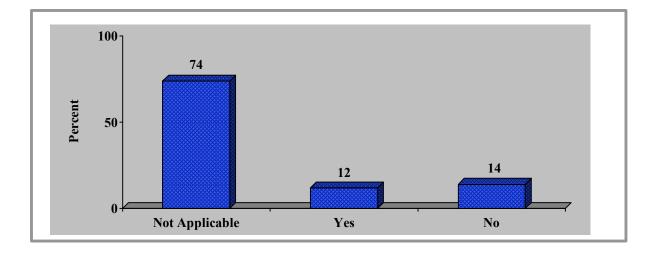
Figure 5: Personally bought cigarettes



<u>Table 6</u>: Tried to quit smoking

Have you ever tried to quit smoking cigarettes?			
	Number of Students Percent of Total		
N/A	375	74	
YES	60	12	
NO	72	14	

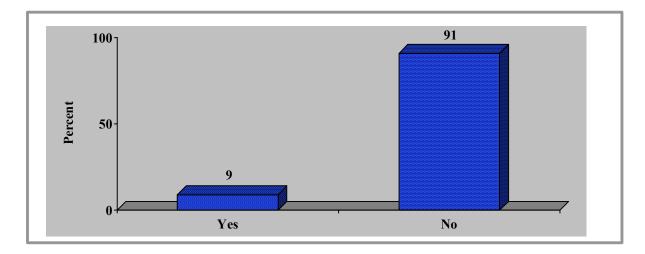
Figure 6: Tried to quit smoking



<u>Table 7</u>: Regular cigarette use

Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?		
	Number of Students	Percent of Total
YES	50	9
NO	513	91

Figure 7: Regular cigarette use

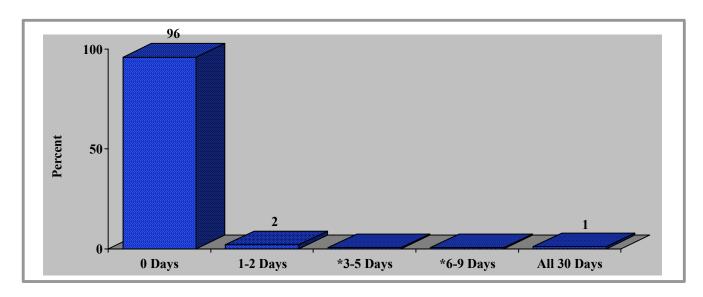


Tobacco Use – Other Uses

<u>Table 8</u>: Current smokeless tobacco use

During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Bandits, or Copenhagen?		
	Number of Students	Percent of Total
0 DAYS	561	96
1-2 DAYS	13	2
3-5 DAYS	2	<1
6-9 DAYS	1	<1
ALL 30 DAYS	5	1

Figure 8: Current smokeless tobacco use



^{*}Less than 1 percent

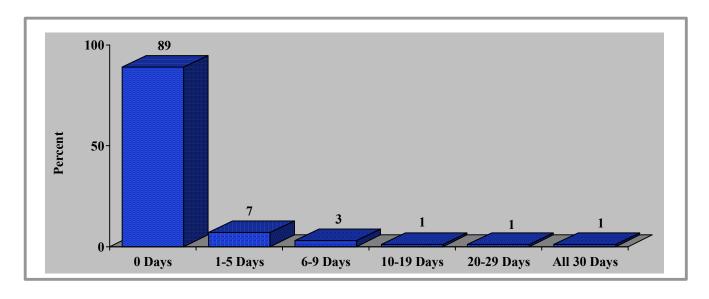
Tobacco Use – Other Uses (continued)

<u>Table 9</u>: Current cigar use

During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	522	89
1-2 DAYS	27	5
3-5 DAYS	9	2
6-9 DAYS	15	3
10-19 DAYS	8	1
20-29 DAYS	4	1
ALL 30 DAYS	4	1

Frequency Missing = 10

Figure 9: Current cigar use



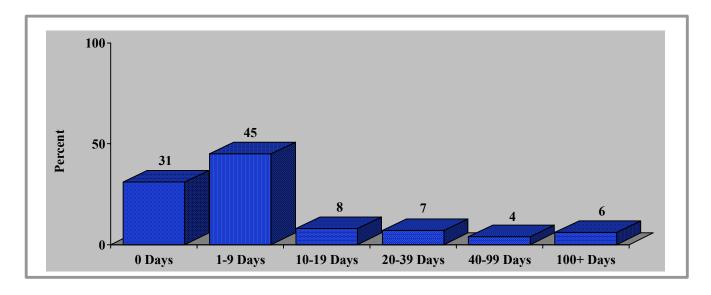
Alcohol Use

<u>Table 1</u>: Lifetime alcohol use

During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	150	31
1-2 DAYS	132	27
3-9 DAYS	90	18
10-19 DAYS	38	8
20-39 DAYS	33	7
40-99 DAYS	19	4
100+ DAYS	29	6

Frequency Missing = 108

Figure 1: Lifetime alcohol use

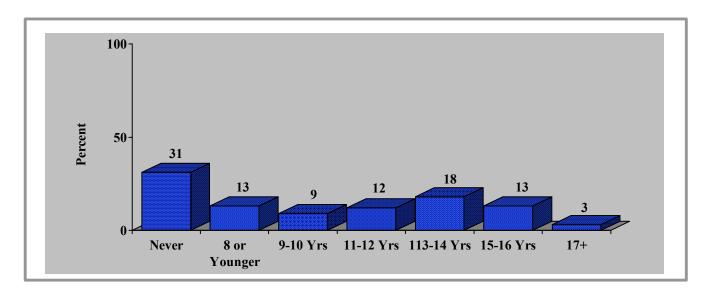


Alcohol Use (continued)

Table 2: Early initiation of alcohol use

How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	156	31
8 OR YOUNGER	67	13
AGE 9-10	45	9
AGE 11-12	61	12
AGE 13-14	90	18
AGE 15-16	65	13
17 OR OLDER	14	3

Figure 2: Early initiation of alcohol use



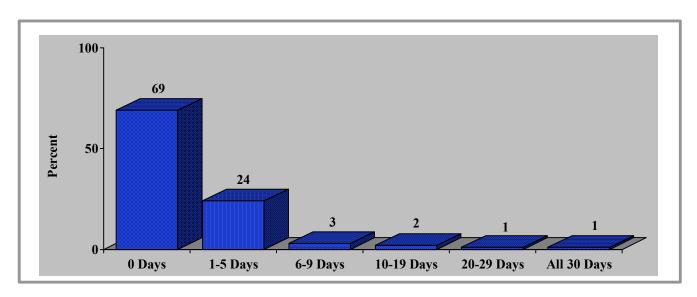
Alcohol Use (continued)

<u>Table 3</u>: Current alcohol use

During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	377	69
1-2 DAYS	110	20
3-5 DAYS	22	4
6-9 DAYS	14	3
10-19 DAYS	12	2
20-29 DAYS	5	1
ALL 30 DAYS	8	1

Frequency Missing = 51

Figure 3: Current alcohol use



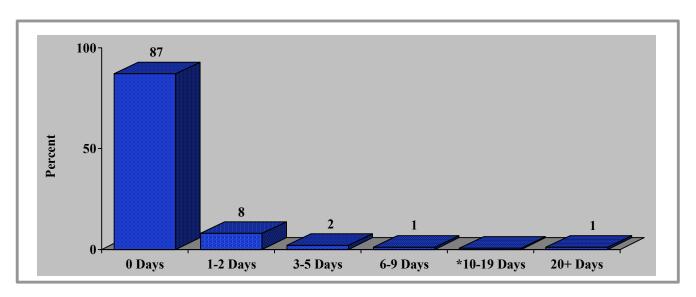
Alcohol Use (continued)

Table 4: Heavy alcohol use

During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
	Number of Students	Percent of Total
0 DAYS	500	87
1 DAY	36	6
2 DAYS	14	2
3-5 DAYS	11	2
6-9 DAYS	5	1
10-19 DAYS	2	<1
20+ DAYS	4	1

Frequency Missing = 27

Figure 4: Heavy alcohol use



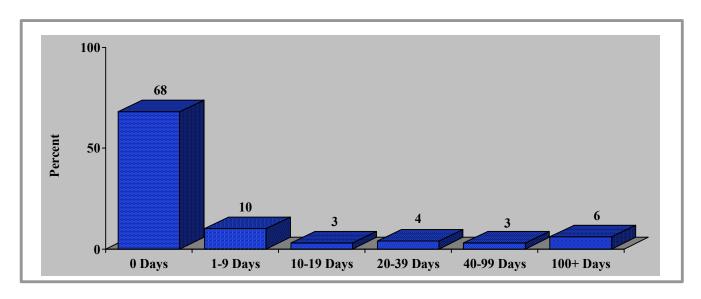
^{*} Less than 1 percent

Illegal Drug Use

<u>Table 1</u>: Lifetime marijuana use

During your life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	386	68
1-2 TIMES	55	10
3-9 TIMES	40	7
10-19 TIMES	17	3
20-39 TIMES	21	4
40-99 TIMES	14	3
100+ TIMES	32	6

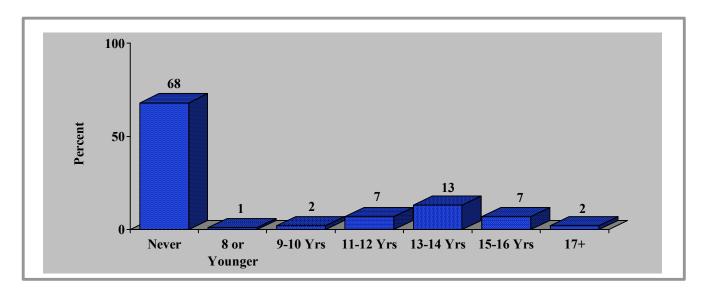
Figure 1: Lifetime marijuana use



<u>Table 2</u>: Early initiation of marijuana use

How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	391	68
8 OR YOUNGER	8	1
AGE 9-10	12	2
AGE 11-12	37	7
AGE 13-14	72	13
AGE 15-16	42	7
17 OR OLDER	10	2

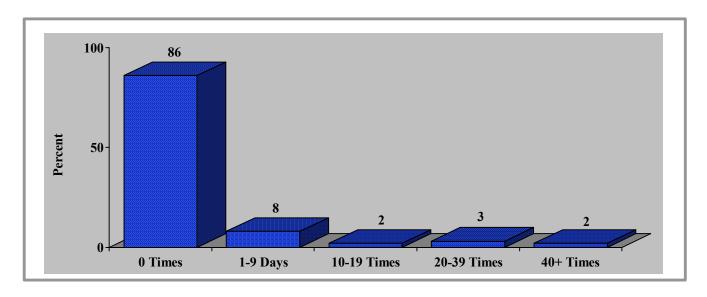
Figure 2: Early initiation of marijuana use



<u>Table 3</u>: Current marijuana use

During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	489	86
1-2 TIMES	29	5
3-9 TIMES	17	3
10-19 TIMES	13	2
20-39 TIMES	14	3
40+ TIMES	9	2

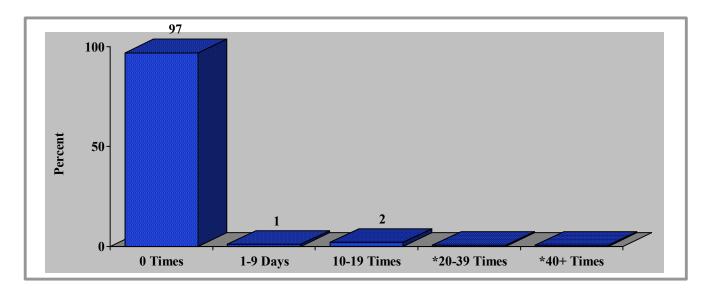
Figure 3: Current marijuna use



<u>Table 4</u>: Lifetime cocaine use

During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?		
	Number of Students Percent of Total	
0 TIMES	566	97
1-2 TIMES	7	1
3-9 TIMES	9	2
10-19 TIMES	1	<1
40+ TIMES	1	<1

Figure 4: Lifetime cocaine use

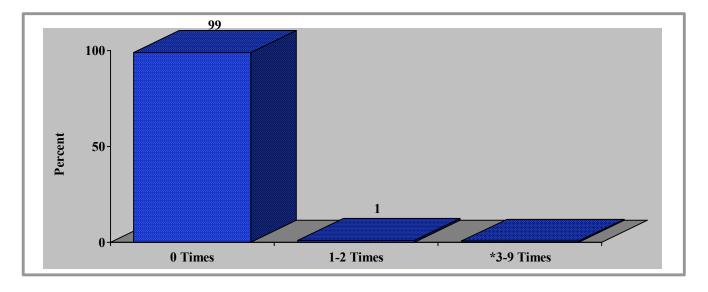


^{*} Less than 1 percent

<u>Table 5</u>: Current cocaine use

During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?		
Number of Students Percent of Total		
0 TIMES	567	99
1-2 TIMES	6	1
3-9 TIMES	2	<1

Figure 5: Current cocaine use



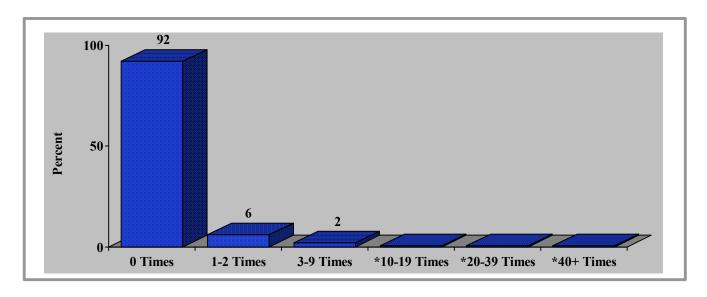
^{*} Less than 1 percent

<u>Table 6</u>: Lifetime inhalant use

During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?		
	Number of Students	Percent of Total
0 TIMES	539	92
1-2 TIMES	33	6
3-9 TIMES	11	2
10-19 TIMES	2	<1
20-39 TIMES	2	<1
40+ TIMES	1	<1

Frequency Missing = 11

<u>Figure 7</u>: Lifetime inhalant use



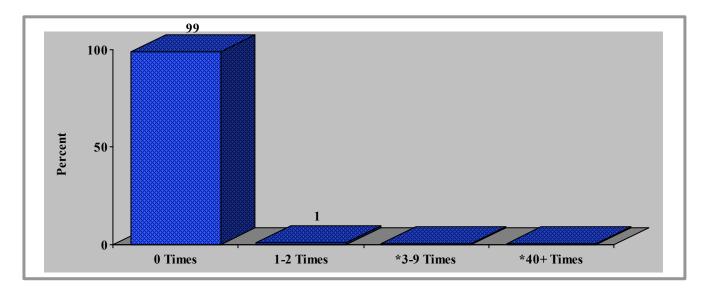
^{*} Less than 1 percent

<u>Table 7</u>: Lifetime heroin use

During your life, how many times have your used heroin (also called smack, junk, or China White)?		
	Number of Students Percent of Total	
0 TIMES	580	99
1-2 TIMES	3	1
3-9 TIMES	2	<1
40+ TIMES	2	<1

Frequency Missing = 12

Figure 7: Lifetime heroin use

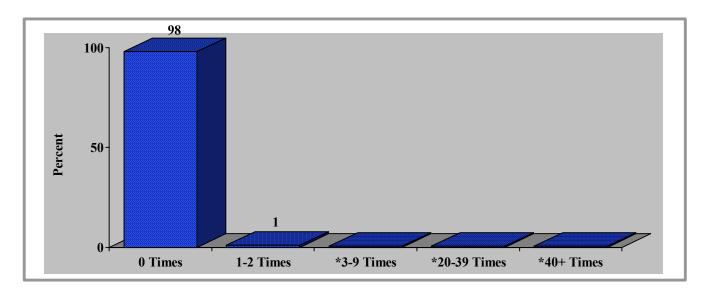


^{*} Less than 1 percent

<u>Table 8</u>: Lifetime methamphetamines use

During your life how many times have you used methamphetamines (also called speed, crystal, crank or ice)?		
	Number of Students Percent of Total	
0 TIMES	572	98
1-2 TIMES	6	1
3-9 TIMES	1	<1
20–39 TIMES	1	<1
40+ TIMES	1	<1

Figure 8: Lifetime methamphetamines use



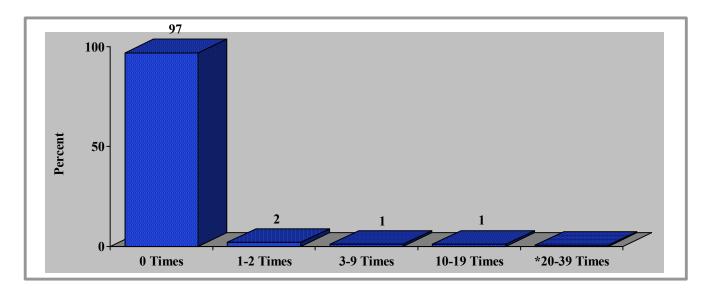
^{*} Less than 1 percent

<u>Table 9</u>: Lifetime ecstasy use

During your life, how many times have you used ecstasy?		
	Number of Students	Percent of Total
0 TIMES	571	97
1-2 TIMES	9	2
3-9 TIMES	4	1
10-19 TIMES	3	1
20-39 TIMES	1	<1

Frequency Missing = 11

Figure 9: Lifetime ecstasy use

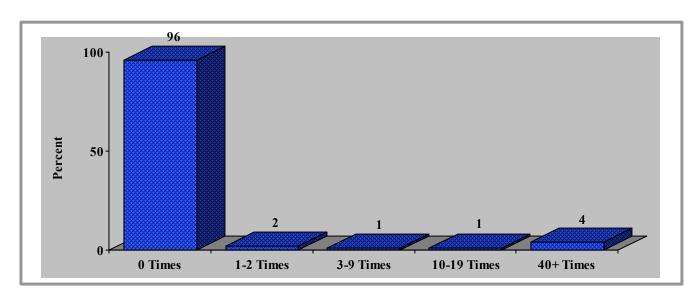


^{*}Less than 1 percent

<u>Table 10</u>: Lifetime illegal steroid use

During your life how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students Percent of Total	
0 TIMES	562	96
1-2 TIMES	14	2
3-9 TIMES	5	1
10-19 TIMES	4	1
40+ TIMES	1	4

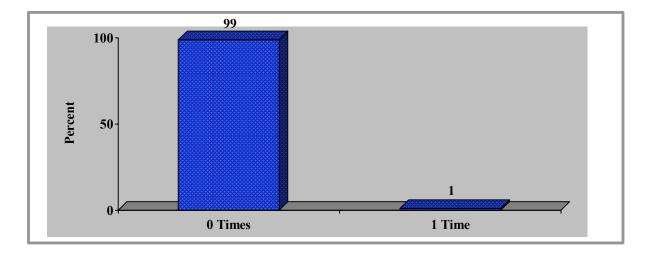
Figure 10: Lifetime illegal steroid use



<u>Table 11</u>: Lifetime illegal drug injection use

During your life how many times have you used a needle to inject any illegal drug into your body?		
Number of Students Percent of Total		
0 TIMES	579	99
1 TIME	6	1

Figure 11: Lifetime illegal drug injection use

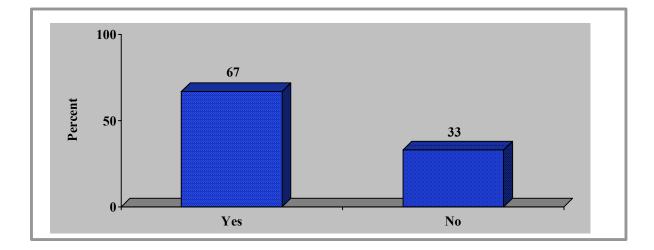


Sexual Behaviors

<u>Table 1</u>: Ever had sexual intercourse

Have you ever had sexual intercourse?		
	Number of Students	Percent of Total
YES	334	67
NO	165	33

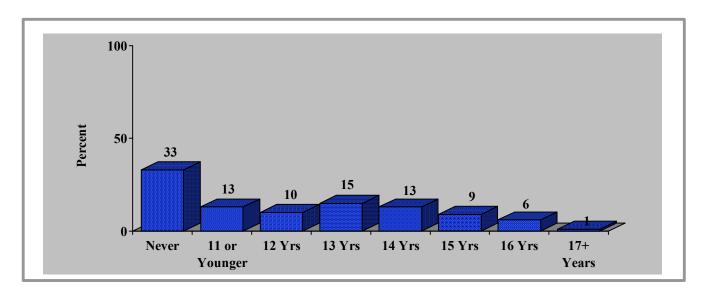
Figure 1: Ever had sexual intercourse



<u>Table 2</u>: Age of initiation of sexual intercourse

How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	167	33
AGE 11 OR YOUNGER	67	13
AGE 12	51	10
AGE 13	77	15
AGE 14	67	13
AGE 15	48	9
AGE 16	29	6
AGE 17+	7	1

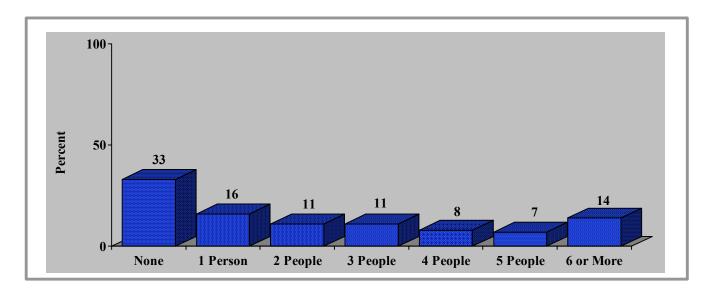
Figure 2: Age of initiation of sexual intercourse



<u>Table 3</u>: Lifetime number of sexual partners

During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	168	33
1 PERSON	82	16
2 PEOPLE	57	11
3 PEOPLE	53	11
4 PEOPLE	38	8
5 PEOPLE	36	7
6 OR MORE PEOPLE	73	14

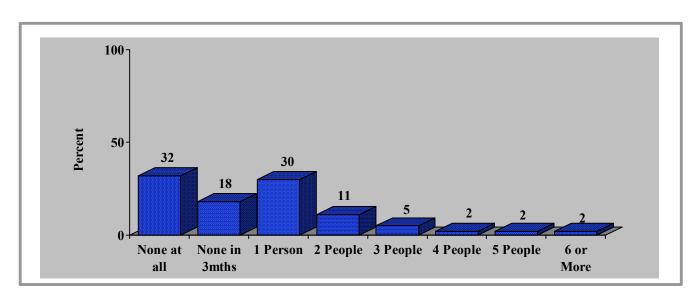
Figure 3: Lifetime number of sexual partners



<u>Table 4</u>: Number of sexual partners in past 3 months

During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	167	32
NONE IN PAST 3 MONTHS	92	18
1 PERSON	152	30
2 PEOPLE	55	11
3 PEOPLE	24	5
4 PEOPLE	9	2
5 PEOPLE	8	2
6 OR MORE PEOPLE	8	2

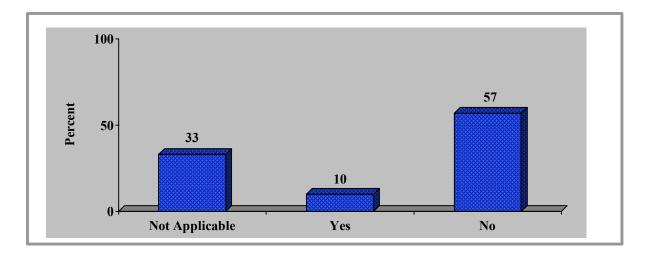
Figure 4: Number of sexual partners in past 3 months



<u>Table 5</u>: Drug use before last sexual intercourse

Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	168	33
YES	51	10
NO	289	57

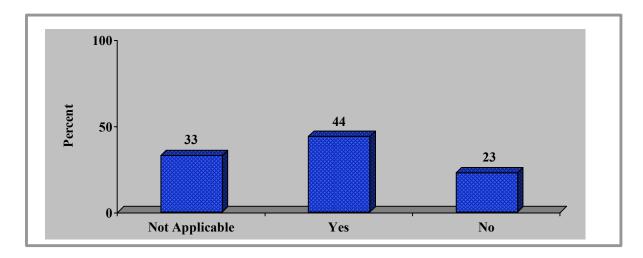
Figure 5: Drug use before last sexual intercourse



<u>Table 6</u>: Condom use during last sexual intercourse

The last time you had sexual intercourse, did you or your partner use condom?			
	Number of Students Percent of Total		
N/A	165	33	
YES	217	44	
NO	112	23	

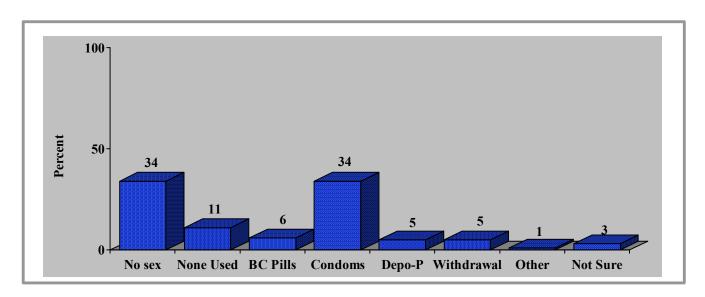
Figure 6: Condom use during last sexual intercourse



<u>Table 7</u>: Birth control use during last sexual intercourse

The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students Percent of Total	
NEVER HAD SEX	167	34
NO BIRTH CONTROL USED	54	11
BIRTH CONTROL PILLS	31	6
CONDOMS	168	34
DEPO-PROVERA	25	5
WITHDRAWAL	22	5
OTHER	5	1
NOT SURE	16	3

Figure 7: Birth control use during last sexual intercourse



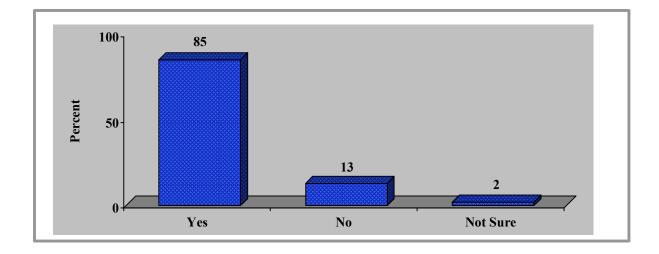
AIDS/HIV Information

<u>Table 1</u>: AIDS/HIV Information

Have you ever been taught about AIDS or HIV infection in school?			
	Number of Students Percent of Total		
YES	463	85	
NO	68	13	
NOT SURE	13	2	

Frequency Missing = 55

Figure 1: AIDS/HIV Information

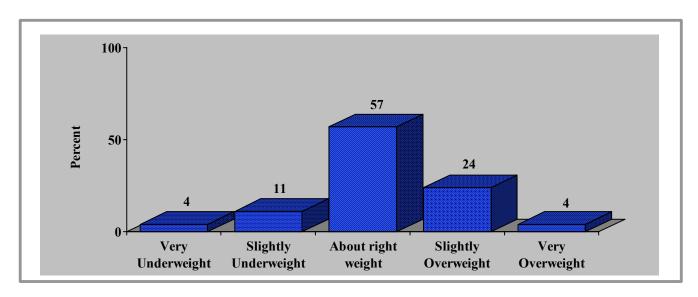


Overweight and Weight Control

<u>Table 1</u>: Description of weight

How do you describe your weight?		
Number of Students Percent of Tota		
VERY UNDERWEIGHT	21	4
SLIGHTLY UNDERWEIGHT	62	11
ABOUT THE RIGHT WEIGHT	328	57
SLIGHTLY OVERWEIGHT 139 24		
VERY OVERWEIGHT	21	4

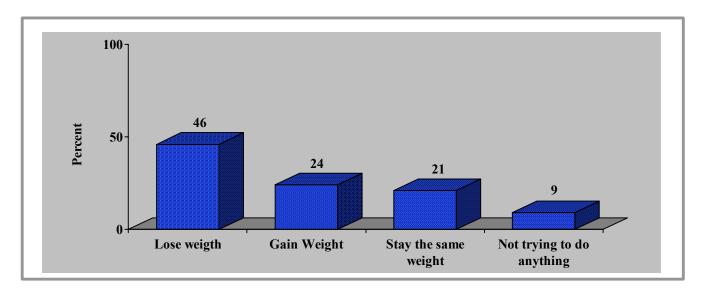
Figure 1: Description of weight



<u>Table 2</u>: Method of weight control

Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	266	46
GAIN WEIGHT 138 24		
STAY THE SAME WEIGHT	120	21
NOT TRYING TO DO ANYTHING 50 9		

Figure 2: Method of weight control



<u>Table 3</u>: Exercised to lose weight

During the past 30 days did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	309	54
NO	266	46

Figure 3: Exercised to lose weight

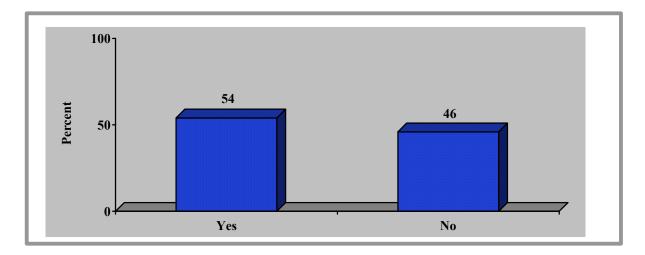


Table 4: Ate less food to lose weight

During the past 30 days did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	202	35
NO	374	65

Figure 4: Ate less food to lose weight

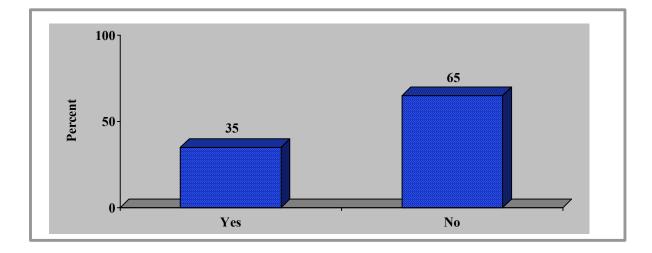
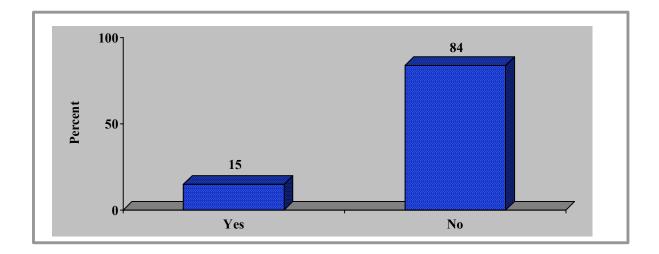


Table 5: Fasted to lose weight

During the past 30 days did you go without eating for 24 hours or more (also called fasting)to lose weight or to keep from gaining weight?			
	Number of Students Percent of Total		
YES	84	15	
NO	492	84	

Figure 5: Fasted to lose weight

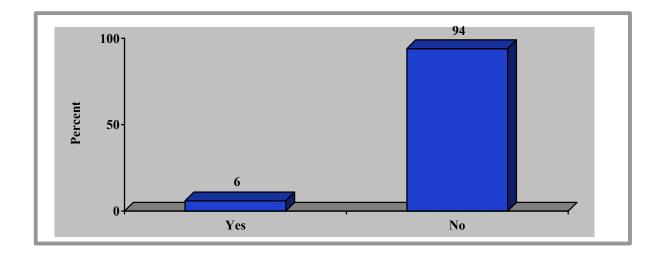


Overweight and Weight Control (continued)

<u>Table 6</u>: Took diet pills to lose weight

During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	36	6
NO	539	94

Figure 6: Took diet pills to lose weight

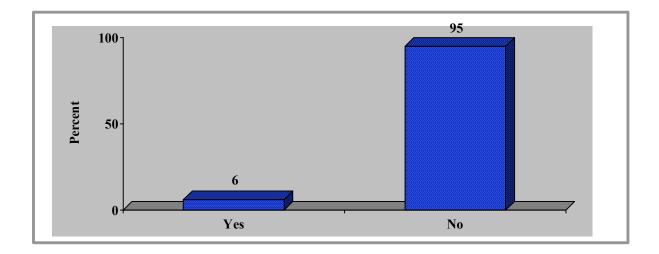


Overweight and Weight Control (continued)

<u>Table 7:</u> Took laxatives to lose weight

During the past 30 days did you vomit or take laxatives to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	31	6
NO	535	95

Figure 7: Took laxatives to lose weight



Dietary Behaviors

Table 1: Drank fruit juice

During the past 7 days how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?		
	Number of Students	Percent of Total
NONE	108	19
1-3 TIMES	151	27
4-6 TIMES	89	16
ONCE PER DAY	47	8
TWICE PER DAY	26	5
3 TIMES PER DAY	39	7
4+ TIMES PER DAY	108	19

Frequency Missing = 31

Figure 1: Drank fruit juice

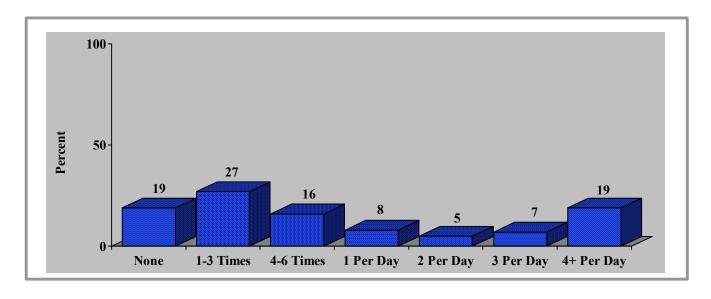


Table 2: Ate fruit

During the past 7 days, how many times did you eat fruit?		
	Number of Students	Percent of Total
NONE	112	20
1-3 TIMES	214	38
4-6 TIMES	74	13
ONCE PER DAY	40	7
TWICE PER DAY	39	7
3 TIMES PER DAY	34	6
4+ TIMES PER DAY	54	10

Frequency Missing = 32

Figure 2: Ate fruit

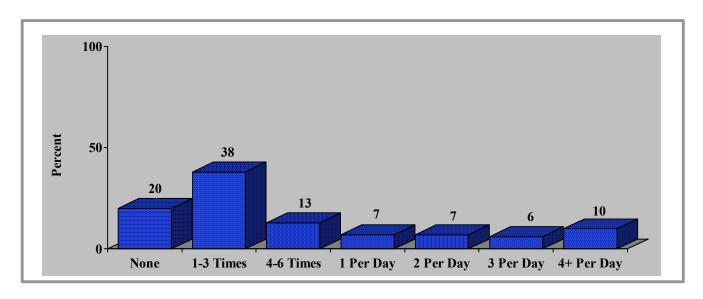
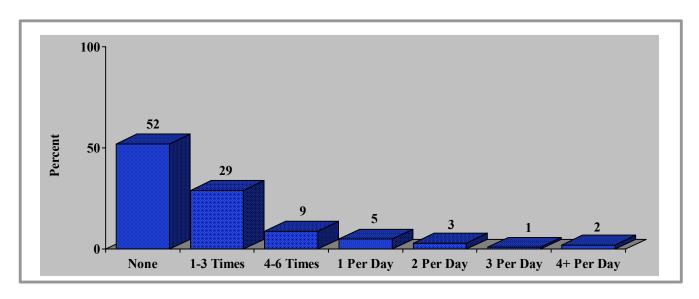


Table 3: Ate green salad

During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	296	52
1-3 TIMES	163	29
4-6 TIMES	49	9
ONCE PER DAY	29	5
TWICE PER DAY	14	3
3 TIMES PER DAY	8	1
4+ TIMES PER DAY	11	2

Frequency Missing = 29

Figure 3: Ate green salad

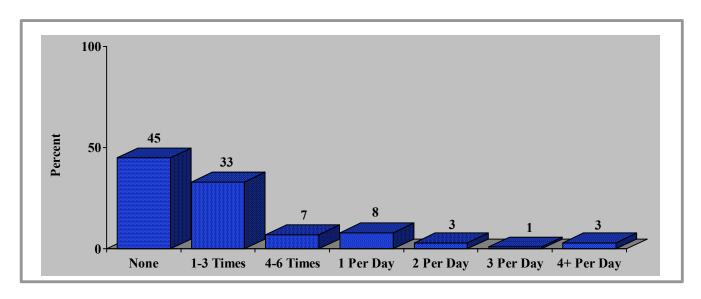


<u>Table 4:</u> Ate potatoes

During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	252	45
1-3 TIMES	187	33
4-6 TIMES	39	7
ONCE PER DAY	47	8
TWICE PER DAY	16	3
3 TIMES PER DAY	6	1
4+ TIMES PER DAY	18	3

Frequency Missing = 34

Figure 4: Ate potatoes

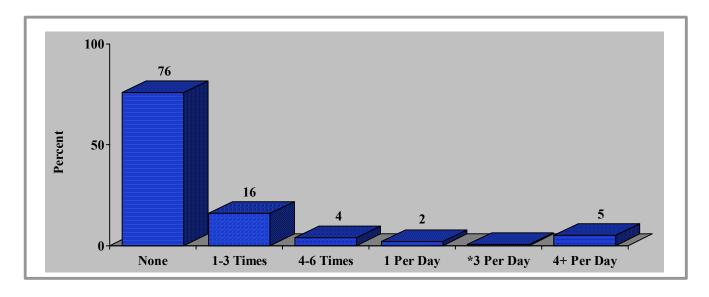


<u>Table 5:</u> Ate carrots

During the past 7 days, how many times did you eat carrots?		
	Number of Students Percent of Total	
NONE	428	76
1-3 TIMES	91	16
4-6 TIMES	21	4
ONCE PER DAY	13	2
TWICE PER DAY	8	1
3 TIMES PER DAY	1	<1
4+ TIMES PER DAY	5	1

Frequency Missing = 32

Figure 5: Ate carrots



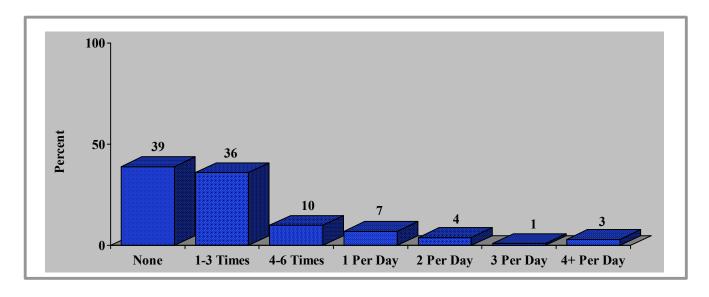
^{*}Less than 1 percent

<u>Table 6</u>: Ate other vegetables

During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	217	39
1-3 TIMES	204	36
4-6 TIMES	55	10
ONCE PER DAY	41	7
TWICE PER DAY	22	4
3 TIMES PER DAY	3	1
4+ TIMES PER DAY	18	3

Frequency Missing = 39

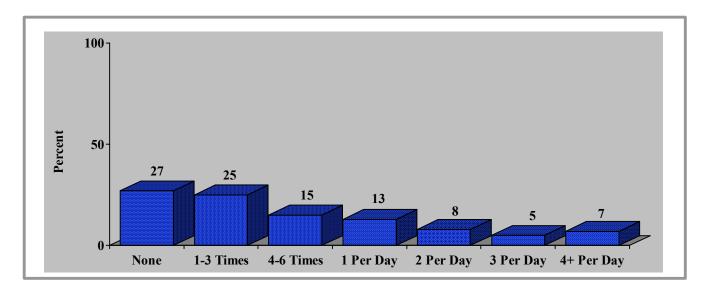
Figure 6: Ate other vegetables



<u>Table 7</u>: Drank milk

During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	153	27
1-3 TIMES	141	25
4-6 TIMES	86	15
ONCE PER DAY	70	13
TWICE PER DAY	44	8
3 TIMES PER DAY	28	5
4+ TIMES PER DAY	39	7

Figure 7: Drank milk



Physical Activity

<u>Table 1:</u> Physical activity with sweat

On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, or fast dancing?

	Number of Students	Percent of Total
0 DAYS	123	22
1 DAY	80	14
2 DAYS	58	10
3 DAYS	62	11
4 DAYS	48	9
5 DAYS	35	6
6 DAYS	12	2
7 DAYS	136	25

Figure 1: Physical activity with sweat

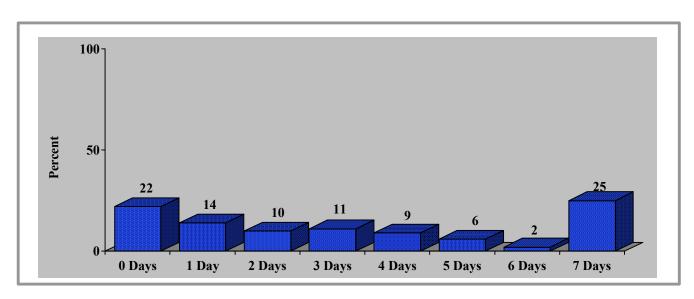
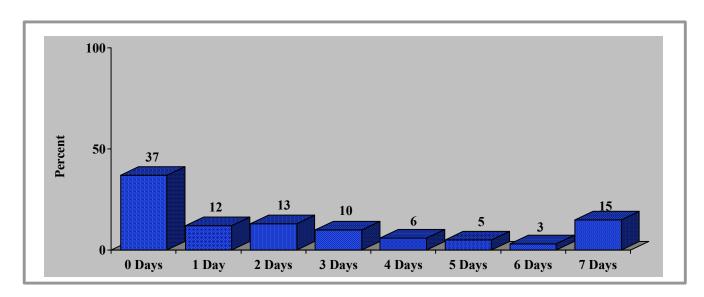


Table 2: Physical activity without sweat

On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floor?

	Number of Students	Percent of Total
0 DAYS	204	37
1 DAY	67	12
2 DAYS	72	13
3 DAYS	58	10
4 DAYS	32	6
5 DAYS	26	5
6 DAYS	17	3
7 DAYS	81	15

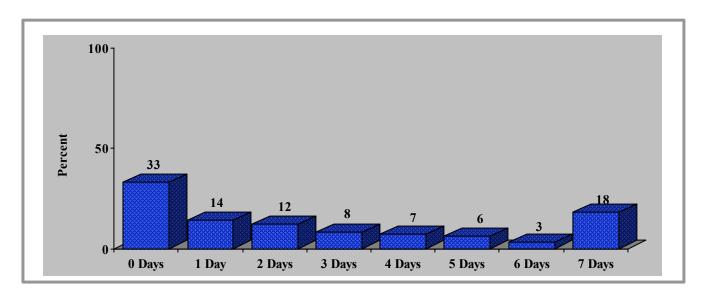
Figure 2: Physical activity without sweat



<u>Table 3:</u> Physical activity for at least 60 minutes per day

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?		
	Number of Students	Percent of Total
0 DAYS	183	33
1 DAY	78	14
2 DAYS	68	12
3 DAYS	45	8
4 DAYS	37	7
5 DAYS	34	6
6 DAYS	14	3
7 DAYS	98	18

Figure 3: Physical activity for at least 60 minutes per day

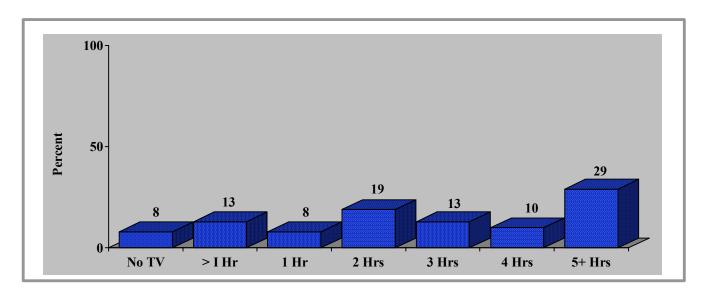


<u>Table 4:</u> Number of TV hours

On an average school day, how many hours do you watch TV?		
	Number of Students	
NO TV	41	8
LT ONE HOUR	72	13
1 HOUR	45	8
2 HOURS	101	19
3 HOURS	72	13
4 HOURS	56	10
5+ HOURS	159	29

Frequency Missing = 53

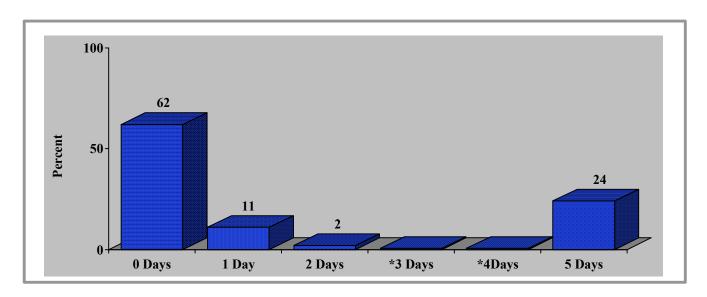
Figure 4: Number of TV hours



<u>Table 5:</u> Physical education class

In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students Percent of Total	
0 DAYS	299	62
1 DAY	52	11
2 DAYS	11	2
3 DAYS	2 <1	
4 DAYS	2 <1	
5 DAYS	115	24

Figure 5: Physical education class



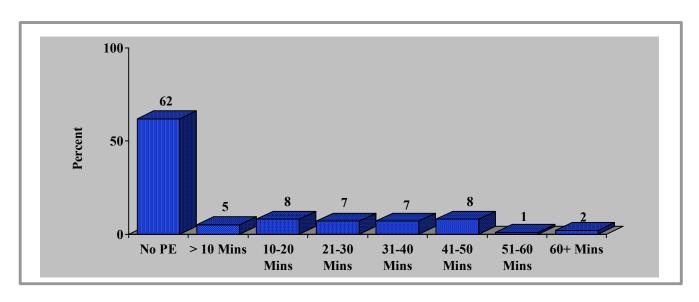
^{*} Less than 1 percent

Table 6: Played sports

In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?			
	Number of Students Percent of Total		
NO PE CLASS	302	62	
LT 10 MINUTES	25	5	
10-20 MINUTES	40	8	
21-30 MINUTES	36	7	
31-40 MINUTES	35	7	
41-50 MINUTES	37	8	
51-60 MINUTES	3	1	
OVER 60 MINUTES	12	2	

Frequency Missing =109

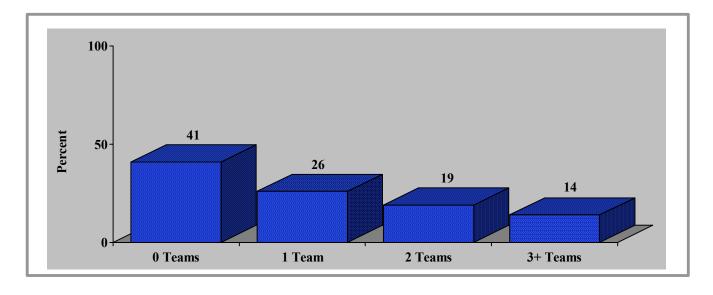
Figure 6: Played sports



<u>Table 7:</u> Played on sports teams

During the past 12 months, on how many sports teams did you play?			
Number of Students Percent of Total			
0 TEAMS	226	41	
1 TEAM	142 26		
2 TEAMS	2 TEAMS 101 19		
3+ TEAMS	77	14	

Figure 7: Played on sports teams



Violence-Related Behaviors on School Property

Table 1: Carried a weapon on school property

During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
	Number of Students Percent of Total		
0 TIMES	555	95	
1 TIME	6	1	
2-3 TIMES	4	1	
4-5 TIMES	5	1	
6+ TIMES	15	3	

Figure 1: Carried a weapon on school property

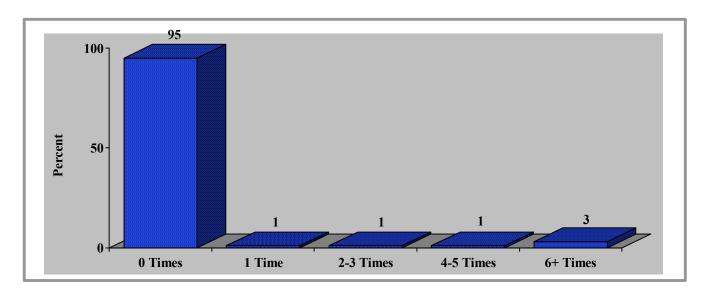
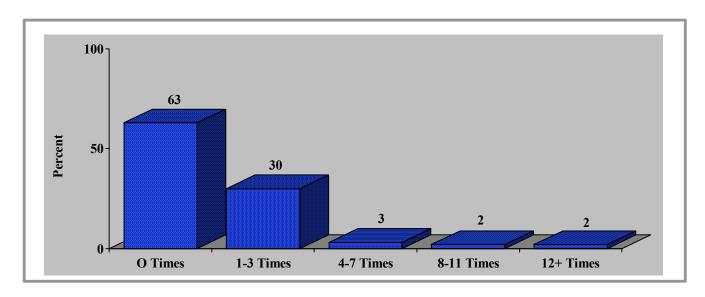


Table 2: Had property stolen or damaged

During the past 12 months, how many times has someone stolen or deliberately damaged your property?		
	Number of Students Percent of Total	
0 TIMES	374	63
1 TIME	98	17
2-3 TIMES	78	13
4-5 TIMES	14	2
6-7 TIMES	8	1
8-9 TIMES	6	1
10-11 TIMES	3	1
12+ TIMES	12	2

Figure 2: Had property stolen or damaged



<u>Table 3</u>: Felt unsafe on the way or at school

During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
	Number of Students Percent of Total	
0 TIMES	536	90
1 TIME	32	5
2-3 TIMES	9	2
4-5 TIMES	3	1
6+ TIMES	15	3

Figure 3: Felt unsafe on the way or at school

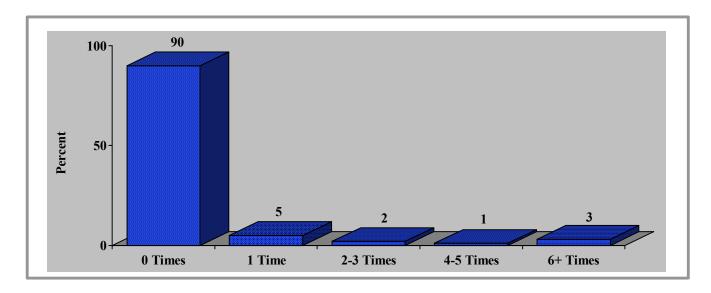
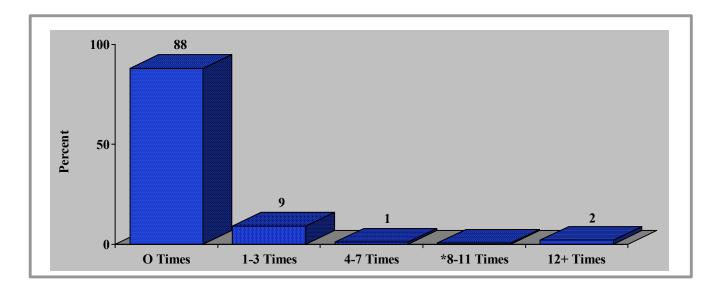


Table 4: Threatened or injured on school property

During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?				
	Number of Students Percent of Total			
0 TIMES	520	88		
1 TIME	34	6		
2-3 TIMES	17	3		
4-5 TIMES	6	1		
6-7 TIMES	1	<1		
8-9 TIMES	8-9 TIMES 1 <1			
10-11 TIMES	1	<1		
12+ TIMES	11	2		

Figure 4: Threatened or injured on school property

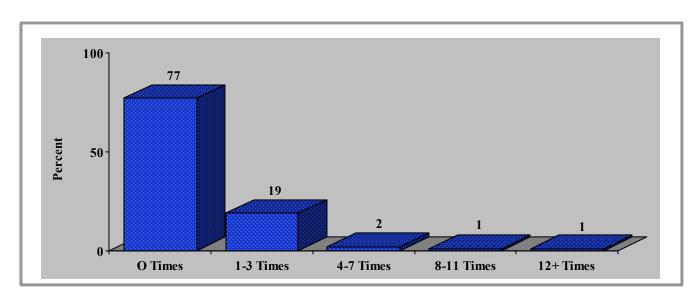


^{*} Less than 1 percent

<u>Table 5</u>: Involved in a physical fight on school property

During the past 12 months, how many times were you in a physical fight on school property?			
	Number of Students Percent of Total		
0 TIMES	455	77	
1 TIME	79	13	
2-3 TIMES	36	6	
4-5 TIMES	5	1	
6-7 TIMES	3	1	
8-9 TIMES	4	1	
10-11 TIMES	2	<1	
12+ TIMES	7	1	

Figure 5: Involved in a physical fight on school property

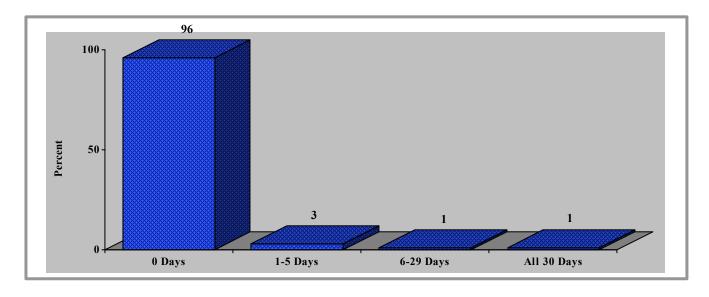


Tobacco Use on School Property

<u>Table 1</u>: Smoked cigarettes on school property

During the past 30 days, on how many days did you smoke cigarettes on school property?		
	Number of Students	Percent of Total
0 DAYS	555	96
1-2 DAYS	12	2
3-5 DAYS	3	1
6-9 DAYS	3	1
20-29 DAYS	1	<1
ALL 30 DAYS	3	1

Figure 1: Smoked cigarettes on school property

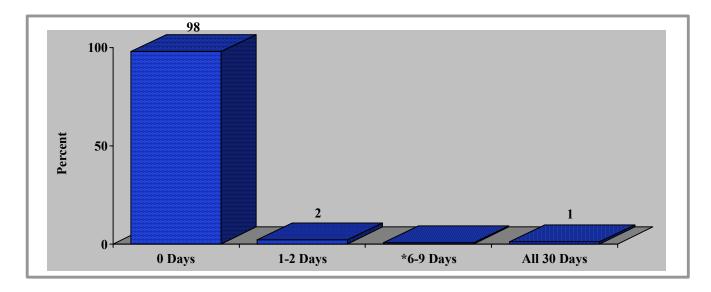


Tobacco Use on School Property (continued)

<u>Table 2</u>: Chewed tobacco on school property

During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?			
Number of Students Percent of Total			
0 DAYS	567	98	
1-2 DAYS	9	2	
6-9 DAYS	1	<1	
ALL 30 DAYS	3	1	

Figure 2: Chewed on tobacco on school property



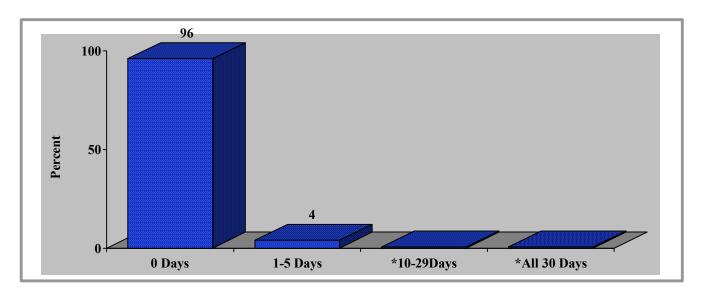
^{*} Less than 1 percent

Alcohol Use On School Property (continued)

<u>Table 1</u>: Alcohol use on school property

During the past 30 days, on how many days did you have at least one drink of alcohol on school property?			
	Number of Students		
0 DAYS	553	96	
1-2 DAYS	17	3	
3-5 DAYS	3	1	
10-19 DAYS	1	<1	
20-29 DAYS	2	<1	
All 30 DAYS	1	<1	

Figure 1: Alcohol use on school property



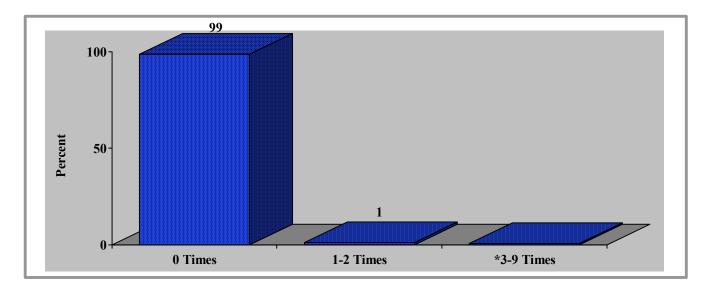
^{*}Less than 1 percent

Illegal Drug Use On School Property

<u>Table 1</u>: Current marijuana use on school property

During the past 30 days, how many times did you use marijuana on school property?			
	Number of Students	Percent of Total	
0 TIMES	576	99	
1-2 TIMES	5	1	
3-9 TIMES	1	<1	

Figure 1: Current marijuana use on school property



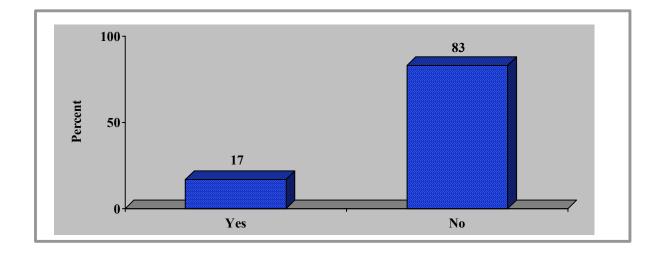
^{*}Less than 1 percent

Illegal Drug Use On School Property (continued)

<u>Table 2</u>: Offer or sale of illegal drugs on school property

During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?			
	Number of Students	Percent of Total	
YES	100	17	
NO	482	83	

Figure 2: Offer or sale of illegal drugs on school property



Internet Resources for Educators, Parents, and Teens

For more information about the County Youth Health Survey (CYHS) and the risk behaviors it covers, please see the following Internet resources.

■ The Youth Risk Behavior Study

This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of CYHS data.

http://www.cdc.gov/healthyyouth/yrbs/index.htm

■ Violence

These sites include information about warning signs and prevention of violence among adolescents.

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

http://apahelpcenter.org/featuredtopics/feature.php?id=38

This information about understanding violent behavior among youth is provided by the <u>American Academy of</u> Adolescent and Child Psychiatry.

http://www.aacap.org/publications/factsfam/behavior.htm

■ Tobacco, Alcohol, and Other Drug Use

These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.

The <u>Campaign for Tobacco-Free Kids</u> is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke. http://www.tobaccofreekids.org

<u>Arkansans for Drug Free Youth</u> is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth. http://www.adfy.com

<u>PREVline (Prevention Online)</u> offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information. <u>http://ncadi.samhsa.gov/</u>

Internet Resources for Educators, Parents, and Teens (continued)

■ Teen Pregnancy and Sexual Behavior

These sites provide information about teen sexuality, pregnancy, and STD's.

The <u>Alan Guttmacher Institute</u> provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. http://www.guttmacher.org/

The mission of the <u>National Campaign to Prevent Teen Pregnancy</u> is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

http://www.teenpregnancy.org/

Nutrition and Physical Activity

The following sites are dedicated to providing information about healthy eating and exercise.

The <u>American Dietetic Association</u> promotes optimal nutrition and well being for all people. http://www.eatright.org

The <u>American Council on Exercise (ACE)</u> is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit. http://www.acefitness.org/

Mental Health Issues

This site provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The <u>National Mental Health Association</u> is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service. http://www.nmha.org

■ Parenting Teens

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens

http://parentingteens.about.com/home/parenting/parentingteens/

From <u>Parent's Soup</u>, a site with articles and information from educators, experts, and parents. http://parenting.ivillage.com/messageboards

Internet Resources for Educators, Parents, and Teens (continued)

Links for Teens

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com - site for teenagers, including message boards and creative writing from real teens. http://home.about.com/teens/index.htm

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image. http://www.teenvoices.com

■ Miscellaneous

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

http://www.aecf.org

The U.S. Department of Health & Human Services http://www.dhhs.gov